

Naloxone – Example Training Outline

1) Before the training

- Advertise training session
- Create attendee list (names and service)
- Book room if face to face
- Email SDF eLearning link asking attendees to complete ahead of training session
www.sdftraining.org.uk/e-learning/156-overdose-prevention-intervention-and-naloxone-3

2) Resources to bring

- Sign in sheet (face to face sessions(F2F))
- Resus Mannequins (F2F)
- Key Information Sheets
- Naloxone Training and Supply Recording form
- Prenoxad tear off sheets/Nyxoid leaflets/Naloxone 1.26mg nasal spray leaflet
- Prenoxad demo kits/ Naloxone nasal spray demo kits (if available)

3) Welcome and Aims (5 mins)

- Why we are here – drug related deaths – one of a number of supports available
- Everyone will leave here knowing how to administer and supply naloxone
- Important to note that although we will show you where naloxone fits with Basic Life Support we are not training you in general BLS today
- Services who can make supplies of naloxone will be in a position to get started
- Questions from SDF training should be covered by training but can answer any outstanding at end of session

4) Why is naloxone important to you? (10 mins)

- Cover drug death data
- Challenges faced by those at highest risk (stigma, deprivation, health inequalities etc)
- Not always in contact with drug services – make every opportunity count

Following sections are around ensuring sufficient knowledge on each area not training from the start. Getting staff to think about how to deliver/how they make others confident.

5) Risk factors which increase chances of overdose and drug related death? (10-15 mins)

- Slides
- Discuss in groups/ask for suggestions online

6) Myths/what are peoples' beliefs on what to do if you witness an overdose? (5-10mins)

- Ask for suggestions from group – white board/ discuss online

7) How do you identify an overdose (10-15 mins)

- Play video
- Highlight importance of calling an ambulance/taking action – naloxone may not work/may be something else that has been taken

8) Naloxone (30 mins)

- Go through slides
- Give out Key Information Sheet, Prenoxad tear off sheets, Nyxoid leaflets and naloxone 1.26mg nasal spray information
- Demonstrate use of Prenoxad kit, Nyxoid, and naloxone 1.26mg nasal spray
- Split into 2's or 3's and talk each other through how to use

9) BLS – Practical (30 mins)

- Remind group – here to show you where naloxone fits in to the process, doesn't count as your annual BLS session
- Online – slides, video and talk through
- Face to face options
 - Give demo of where naloxone fits in BLS and recovery position
 - Cover “conscious and breathing”, “conscious but not breathing”
 - Split into groups – half practise recovery position other half Resus doll then switch
 - Consider 4 step I do one, I talk through, you talk me through, you do. Group to talk the person through it as they practise

10) Getting started (15-20 mins)

- Slides
- Who to target/how to offer
- Service/team already set up to make supplies of naloxone
 - Read through guidance or PGD document – ensure staff know how to access current versions
 - Competency checklist can be used
 - Find out where your naloxone is kept, who orders etc
- Recording
 - Prescribed supplies do not require further recording
 - All other supplies need recorded on neo360
 - Go over forms and neo360
 - Either use forms and get admin to enter supplies onto neo360 or staff can be added to enter own supplies (2nd probably better as staff can look up previous supplies made by service)

11) * TEAM LEADS/MANAGERS ONLY * New services or Teams getting started

- What to do next – services administering naloxone
- What to do next – services also making supplies
- **Non-clinical services** Care Inspectorate guidance/getting service protocols up and running
- **NHS teams not classed as drug treatment services.**
 - Can prescribe – on discharge or prescription for community pharmacy
 - PGD – follow normal processes
- NHS drug treatment services and pharmacies – already set up – contact gram.smspharmacists@nhs.scot if you need more info
- How/where to get your naloxone supplies

12) Final Questions and Close (5-10 mins)

13) After the training

- a. Feedback/evaluation
- b. Getting new services set up.
 - i. Ordering stock
 - ii. Naloxone
- c. Record of services – Scottish Gov

14) Master trainers

- a. How to access training materials etc