**NALOXONE KEY INFORMATION - Be Prepared For An Opioid Emergency**

# WHO IS AT RISK OF OPIOID OVERDOSE?

* People who use prescription opioids, in particular those taking higher doses (equivalent to 50 milligrams of morphine or more per day)
* People who use any type of opioid in combination with other sedating substances such as benzodiazepines or alcohol
* People who use any type of opioid and have medical conditions such as HIV, liver, lung disease or who suffer from depression
* People with opioid dependence, in particular following reduced tolerance (following detoxification, release from prison, breaks in or stopping treatment)
* People who inject opioids
* Anyone in contact with people who use opioids (including prescription opioids)

# KNOWS THE SIGNS OF OPIOID OVERDOSE

* **UNCONSCIOUS OR NOT RESPONDING:** Not waking up or responding to voice commends or touch. Shake shoulders. Speak clearly in both ears
* **APPEARANCE:** Blue/grey skin and lips. Clammy. Very small/pinpoint pupils
* **BREATH:** Very slow or irregular breathing or no breathing at all. May also be a rasping or snoring sound

# KNOWS HOW TO RESPOND

* + Call 999 and ask for an **AMBULANCE** - give location
  + Let them know that the person is:
    - **"UNCONSCIOUS BUT BREATHING" -** Put them into recovery position
    - **"UNCONSCIOUS AND NOT BREATHING" -** Start CPR
    - Administer naloxone
  + Stay with the person
  + Bust myths - DO NOT walk person around, put in shower/bath, slapping etc

# KNOWS HOW NALOXONE WORKS

* + Reverses the effects of opioid drugs but starts to wear off after 20 to 30 minutes
  + Only works on opioid drugs (safe to use even if unsure what has been taken)
  + Give a dose every 2-3 minutes until either: -
    - Person comes round **OR** Emergency services arrive and take over **OR** there is no naloxone left

**HOW TO USE PRENOXAD**® **INJECTION**



**CHOOSE PRODUCT TO SUPPLY. USE PRODUCT LEAFLET TO GO OVER ITS USE**

* DO NOT TEST THE SPRAY FIRST – THERE IS ONLY ONE SPRAY IN EACH NASAL SPRAY (2 sprays per pack)
* Tilt head back
* Put the nasal spray into the nostril and press the plunger
* If no response after 2 to 3 minutes give another dose in the other nostril
* Note: There are 2 brands of nasal spray “naloxone nasal spray 1.26mg” and “Nyxoid nasal spray” Nyxoid is slightly stronger

**HOW TO USE NALOXONE** **NASAL SPRAY**

* Keep sealed until ready to use
* Twist cap off syringe and twist on needle
* Inject into outer thigh or upper arm muscle
* Give one dose at a time. Repeat every 2 to 3 minutes if no response
* Place in yellow box between injections and after used (sharps bin)

**IF YOU HAVE TO USE A KIT OR IT IS OUT OF DATE – REMEMBER TO GET ANOTHER ONE**