

# GRAMPIAN STROKE MCN

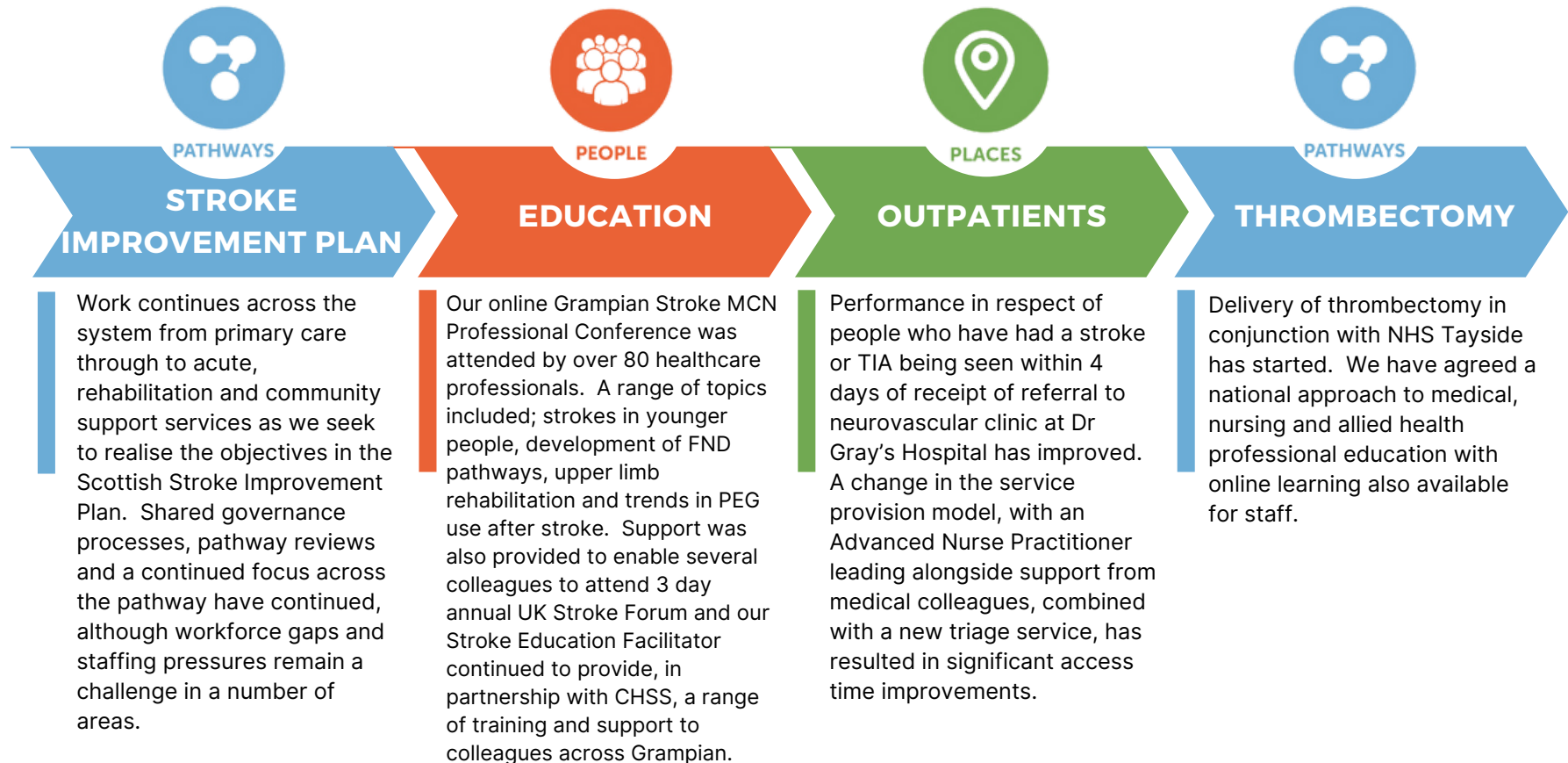
2023/2024 - A YEAR IN REVIEW



## **Stroke MCN Lead Overview - Thérèse Lebedis**

The Stroke MCN have continued to build on the successes of the previous year with a continued focus on improving the quality and efficiency of stroke services in Grampian across primary care, acute and rehabilitation. We have reviewed and updated a number of acute care and rehabilitation service pathways. Our network members have also contributed to the development of the Scottish Stroke Care Audit and national rehabilitation data set. Our network commitment to stroke education initiatives has remained strong, including hosting our online annual conference and a range of education sessions for colleagues across Grampian.

Through collaboration with a range of health and social care professionals, service managers and third sector partners we have identified areas of improvement and actions that will help us realise more fully the agreed goals outlined in the National Stroke Improvement Plan. We look forward to continuing to work together to further improve stroke services in Grampian so that outcomes for people impacted by stroke can be as positive as possible.



# GRAMPIAN STROKE MCN

2024/2025 OBJECTIVES



PEOPLE

## ATRIAL FIBRILLATION

As part of our preventative efforts we will work with colleagues and partners to run a public information campaign across Grampian around the identification and treatment of atrial fibrillation. This can hopefully help us support efforts and initiatives for atrial fibrillation which will allow for prompt assessment and, where appropriate, treatment to try and reduce the risk of stroke for people in Grampian.



PATHWAYS

## 6 MONTH REVIEWS

In partnership with CHSS we will develop plans to ensure that all people who have had a stroke in Grampian receive a 6-month post-stroke review. This will allow people who have had a stroke the opportunity to have their needs and goals reviewed, and to access any additional help or support. This will help aid the ongoing recovery and rehabilitation efforts of people living in Grampian who have had a stroke.



PLACES

## STROKE IMPROVEMENT PLAN

We will continue to focus on advancing and improving key areas of our Grampian Stroke Improvement Plan, such as improving access to stroke units in both Aberdeen Royal Infirmary and Dr Gray's Hospital.

We will also continue to provide, support and promote education opportunities to help share learning and best practice amongst teams across Grampian.



PATHWAYS

## STROKE REHABILITATION SERVICE PROVISION

Stroke Rehabilitation is a key component in helping people recover after having a stroke and our commitment to enhancing the provision of rehabilitation services in Grampian will be a key network objective for us in the next year. We aim to have documented pathways in place for all rehabilitation services as well as testing out the new national rehabilitation audit pathway in Grampian.