

GRAMPIAN RESPIRATORY MCN

2023/2024 - A YEAR IN REVIEW



Clinical Lead Overview - Dr Kris McLaughlin

2023 was a very positive year for the Respiratory MCN. A return to our annual in-person conference and a range of regional roadshows were all very well received and helped to deliver one of the MCNs long term core objectives of improving respiratory education, knowledge, skills and training for the workforce. The MCN were also an integral part of the development of the newly created CHSS Community Respiratory Team. This service will be of huge value to patients and practitioners across Grampian and will deliver high quality additional respiratory care.

Looking ahead to 2024, the year holds a lot of opportunity and we have set out a number of core objectives that the MCN will focus on. These continue to be based on our main principals of improving the care of respiratory patients through education and training, quality improvement and understanding data and we will continue to use these tools to shape new pathways of care and promote best practice opportunities. We are looking forward to working with all of our partners throughout the year to achieve these goals.



PEOPLE

PROFESSIONAL CONFERENCE

This year we were able to hold our first in-person Respiratory conference since 2019. Our event was held at Aberdeen's Beach Ballroom on Wednesday 17th May and welcomed a range of Primary Care, Secondary Care and Third Sector colleagues for a selection of educational presentations, workshops, and networking opportunities.



PEOPLE

RESPIRATORY ROADSHOWS

We staged three evening roadshows across Aberdeen City and Aberdeenshire, with over 50 healthcare professionals in attendance. These roadshows focused on key learning topics identified from feedback at our annual Conference and MCN Board with the aim of providing quality respiratory education for staff working with individuals with long-term respiratory conditions in Grampian.



PLACES

CHSS COMMUNITY RESPIRATORY TEAM

The CRT was established as a joint venture between Chest Heart and Stroke Scotland and NHS Grampian. The service augments traditional hospital-based outpatient activity to deliver more Respiratory specific care to patients in community settings across Grampian, preventing unnecessary admissions to hospital.



PATHWAYS

GRIP

From April 2022, GRIP have focused on a number of important workstreams, including cost-effective care and improved pathways for respiratory patients, providing support and advice to primary care teams, education and training.

GRAMPIAN RESPIRATORY MCN

2024/2025 OBJECTIVES



EDUCATION

- As part of our goal to help improve respiratory care, we will organise an annual conference.
- This will serve as a platform for professionals from NHS Grampian to share challenges and successes in respiratory care.
- Our conference will feature a diverse range of educational talks and interactive workshops aimed at enhancing knowledge and skills.
- We will stage a series of respiratory educational roadshows to offer further education to help maintain and update knowledge amongst respiratory care providers in Grampian.



GRIP

- A Respiratory Community Portfolio is being developed with the creation of both the CHSS CRT and Respiratory Hospital at Home service, with GRIP able to provide a crucial enabling role to support the successful rollout of both.
- GRIP will continue to provide targeted support to 8-10 GP practices per quarter to identify high-risk patients and cost-effective respiratory prescribing and improved care.
- GRIP will promote new pathways of care to primary care teams and deliver national greener prescribing objectives.



PRIMARY CARE DASHBOARD

- Development of concise report with information around key respiratory care metrics for sharing with primary care teams to identify areas of good performance and areas for possible improvement.
- We will try to include Partnership and Grampian level data to aid benchmarking.
- Report will include data points in relation to urgent and unscheduled care, chronic disease management and complex care / outpatient referrals as these are areas that have been under significant pressure since the pandemic within Grampian.



REDUCING INHALER EMISSIONS

- The Respiratory MCN will contribute to NHS Scotland's aim to become a net-zero health service by 2040 by reducing inhaler emissions in Grampian.
- The propellant used in metered dose inhalers (MDIs) prescribed for asthma and COPD are powerful greenhouse gases with global warming potentials between 1430-3220 times greater than CO₂.
- Reducing emissions from MDIs is essential to achieving NHS Scotland's net-zero goals.



SPIROMETRY

- Access to Respiratory Diagnostics and Spirometry in Primary Care is an important part of patient care and for making accurate diagnoses.
- The quality of testing is variable and there is inconsistent access to spirometry in primary care across Grampian.
- Primary care is not funded to provide spirometry services through GP practices and the Acute Sector is not resourced to deliver the required volume of primary care-initiated testing through the pulmonary function lab.