

GRAMPIAN DIABETES MCN

2023/2024 - A YEAR IN REVIEW



Clinical Lead Overview - Dr Alasdair Jamieson

Our Diabetes MCN has continued to focus on bringing people together and working in partnership to try and improve outcomes for people living with diabetes in Grampian. The core principles of person-centred care, equity, intelligence-led care and innovation have underpinned our activities and provided the basis for a number of notable successes in the last 12 months including staging of education and training events, contributing to local and national guidelines updates, the further development and enhancement of our Diabetes in Grampian website and supporting teams including podiatry, psychology, maternity, specialist nursing, acute and primary care with a number of different workstreams and initiatives.

In the coming year we will seek to reach out further and enhance connections with colleagues in public health and health improvement in an effort to make sure that all people living with diabetes in Grampian have the opportunity to access relevant care and support when they need it. We will also look at opportunities to realise some of the commitments that have been identified within our Vision for Diabetes Care in Grampian as we support the systematic approach to service integration, development and improvement that will ultimately allow us to fully realise our vision.



PEOPLE

PROFESSIONAL CONFERENCE

After the success of our first in-person diabetes conference since the pandemic in 2022, we held our second in-person Diabetes conference at Aberdeen's Beach Ballroom on Wednesday 20th September 2023. We welcomed a range of Primary Care, Secondary Care and Third Sector colleagues for a selection of educational presentations, workshops, and networking opportunities.



PEOPLE

VISION FOR DIABETES CARE IN GRAMPIAN

Over the last two years, we have developed an ambitious vision for diabetes care in Grampian, promoting the core principles of person-centred care, equity, intelligence-led care and innovation. We will engage with colleagues, partners and people living with diabetes on the principles and areas of focus set out within the Vision, to collectively identify key actions that will help us on the way to fully realising our ambitions for the best diabetes care in Grampian.



PATHWAYS

DIABETES IN GRAMPIAN WEBSITE

The Diabetes in Grampian website recently underwent a review to enhance its visual appeal and user experience. This was carried out in collaboration with the Corporate Communications team and engaging with people with lived experience of diabetes through surveys and focus groups. The updates focused on improving aesthetics, enriching content, and streamlining the navigation and user interface. The goal was to ensure that users could access information more easily and efficiently. The update provides a more intuitive and engaging platform, making vital diabetes-related information and resources readily accessible to the Grampian community.

GRAMPIAN DIABETES MCN

2024/2025 OBJECTIVES



PEOPLE

EDUCATION

Providing high quality education remains a key priority. This will include delivering our routine events, such as the annual conference, to support the professional development of our colleagues and partners. We will also focus on improving education across inpatient settings. In keeping with the principle of intelligence-led care, we will use NaDIA data as a baseline and help develop education to deliver improvement. We will collaborate with partner organisations to promote tools available for people with diabetes to self-manage their condition.



PATHWAYS

HEALTHIER FUTURES

As a key component of NHS Grampian's Whole Systems Approach to obesity, the Healthier Futures Prevention, Early Detection & Early Intervention of Type 2 Diabetes workstream will continue to deliver on Scottish Government key milestones for those with a diagnosis of prediabetes, newly diagnosed type 2 diabetes or history of gestational diabetes. We aim to improve access to support services and reduce inequalities caused by socio-economic disadvantage through implementation of evidenced based digital and non-digital interventions designed and targeted at the most deprived communities.



PATHWAYS

FOOT PATHWAY

Active diabetic foot disease is a condition that has significant impact on lives as well as being of significant cost to the NHS. Prevention of active diabetic foot disease, early detection and intervention avoids unnecessary harm and prevents unnecessary costs. Optimal foot care requires a well-connected network of people from a broad range of professional and support backgrounds to deliver equitable pathways to result in minimal variation in outcomes across Grampian. We will support foot pathway improvements by collaborating with podiatry teams and key stakeholders to create a sustainable multidisciplinary diabetic foot service in Grampian.



PEOPLE

EQUITY OF ACCESS TO CARE AND TECHNOLOGIES

We will continue to support the uptake of appropriate and approved diabetes technologies, like insulin pumps and glucose sensors, to help people with ongoing management of their diabetes. We aim to identify and take active steps to minimise any disparity in the uptake and use of technology based on age, gender, deprivation, location and ethnicity.

We will facilitate and support discussions to help ensure appropriate identification of people living with diabetes in prison and seek to quantify the percentage of people in this cohort receiving all appropriate processes of care.



PEOPLE

MENTAL HEALTH PATIENT REPORTED OUTCOME MEASURES

Consistent with national objectives in the Diabetes Improvement Plan, we plan to pilot a way for people living with diabetes to systematically self-report and share salient information on signs and symptoms of mental health problems prior to (or at) annual clinic appointments and for the results to be accessible by primary and secondary care clinicians on patient electronic records for the inclusion in and improvement of care planning/referral.