

There is a range of help available across Fraserburgh and Surrounding Areas for those requiring food.

Use the symbols overleaf to find the help you need.

To access voucher or membership please contact help directly for more information.



Soup



Food Bank
or Larder



Referral or
Membership

Support
available



Support For Families

Home-Start
Office@home-startnea.org.uk
01346 532007

Adult Learning

Community Learning and
Development Service
cld@aberdeenshire.gov.uk

Housing

Aberdeenshire Council Housing
Contact Centre: 03456 08 12 03

Home Items

Stella's Voice
europe@stellasvoice.org
0300 303 2520

Affordable Fuel Costs

Home Energy Scotland
www.homeenergyscotland.org.uk
0800 808 2282

Helping Hands
Central Church
community@
aogcentral.co.uk
01346 518006

Emotional Wellbeing

Shirley's Space
shirleysspace@hotmail.com
07940 959 002

Welfare/Benefits /Claims

Welfare Rights Adviser
01467 538 555

Aberdeen Foyer
www.aberdeenfoyer.com
07467 919 779

Citizen Advice
Bureau
01779 471 515

Aberdeenshire Mental Health
Improvement and Wellbeing
Service
www.nhsgrampian.org/
mhiws-aberdeenshire
01224 557400

Department for Work
and Pension
0800 328 5644

Free period products
www.aberdeenshire.gov.
uk/communities-and-
events/sanitary-products/

Just in time



Food availability
in Fraserburgh and
surrounding areas



Fraserburgh Resilience Group - Food Larder

Harbour Road, Fraserburgh
Tuesday 9:30am - 12pm
Thursday 1:30pm - 4pm



Central Church Community Café

Albert Street, Fraserburgh,
email: community@aogcentral.co.uk
Tuesday 12pm - 2pm



Central Church Foodbank

Albert Street, Fraserburgh
email: community@aogcentral.co.uk
01346 518006
Tuesday 12pm - 2pm
Wednesday 5pm - 7pm
Thursday 12pm - 2pm
Friday 12pm - 2pm



CFINE Mobile Pantry

07311 652 513
email: pantry@CFINE.org
Community Hall Car Park, St Combs
Wednesday 11am - 12pm (Weekly)
Library Car Park, Inverallochy
Thursday 10:30am - 11:30am (Fortnightly)



Aberdeenshire North Foodbank

121 Shore Street, Fraserburgh
07423 639468
Monday 11am - 1pm
Wednesday 11am - 1pm
Friday 11am - 1pm



The Salvation Army,

Frithside Street, Fraserburgh
01346 513 437
Monday 12pm - 2pm
Tuesday 12pm (Cost applies)



This leaflet was developed by the
Aberdeenshire North Public Health Team.

If you found this leaflet helpful and have
any suggestions for future updates please
share using the QR code or get in touch
with the team on the email below:

Gram.northpublichealth@nhs.scot

