

There is a range of help available across Buchan for those requiring food.

Use the symbols overleaf to find the help you need.

To access voucher or membership symbol please contact help directly for more information.



Soup



Food Bank
or Larder



Referral or
Membership

Support available

Support For Families

Home-Start
Office@home-startnea.org.uk
01346 532 007

Housing

Aberdeenshire Council Housing
Contact Centre: 03456 08 12 03

Affordable Fuel Costs

Home Energy Scotland
www.homeenergyscotland.org.uk
0800 808 2282

Emotional Wellbeing

Shirley's Space:
shirleysspace@hotmail.com
07940959002

Aberdeen Foyer:
www.aberdeenfoyer.com

Men United:
hello@menunited.scot
www.menunited.scot

Aberdeenshire Mental Health
Improvement and Wellbeing
Service
www.nhsgrampian.org/
mhiws-aberdeenshire
01224 557400

Home Items

Stella's Voice
europe@stellasvoice.org
0300 303 2520

Buchan Giving Tree
Phone/Text/WhatsApp
07510 647 217

Welfare/Benefits /Claims

Welfare Rights Adviser:
01467 538555

Citizen Advice Bureau:
01779 471515

Department for Work
and Pension:
0800 328 5644

Free period products
www.aberdeenshire.
gov.uk/communities-
and-events/sanitary-
products/

Adult Learning

Community Learning
and Development
Service
01467 537577



Just in time



Food availability in Buchan



Aberdeenshire North Foodbank

21A Skelton Street, Peterhead
peterhead@aberdeenshirenorth.foodbank.org.uk
Monday, Wednesday and Thursday 11am - 1pm



Salvation Army, Peterhead

01779 470208
Tuesday to Thursday
Contact Direct



Apex Church

Chapel Street,
Peterhead 01779 478238
Wednesday 12pm - 1.30pm
Eat-In or Takeaway



The Hub

New Pitsligo & St. John's School
Out of hours contact - 01771 676610
Mondays 1pm - 3pm
Available to New Pitsligo Residents only



Pantry at The Fruit Mart

19 Skeleton Street, Peterhead
01779 477948
Thursday and Friday 10am - 12pm & 1pm - 2.30pm



Catalyst

64 Windmill Street, Peterhead
peterhead@catalyst.vin
Sunday 10.30am - 11am or 12.30pm - 1pm



The Food Share

Strichen Parish Church Hall
07508939167
Monday, Tuesday, Saturday 10am - 11am
3rd Thursday each month - Soup and Tea
12pm - 1.30pm



Cruden Bay Food Larder and Warm Space

Sports Pavilion situated in the Recreation Park
Friday mornings 10am - 12.30pm
Available to Cruden Bay, Hatton and Longhaven residents only



This leaflet was developed by the
Aberdeenshire North Public Health Team.

If you found this leaflet helpful and have
any suggestions for future updates please
share using the QR code or get in touch
with the team on the email below:

Gram.northpublichealth@nhs.scot

