

There is a range of help available across Buchan for those requiring food.

Use the symbols overleaf to find the help you need.

To access voucher or membership symbol please contact help directly for more information.



Soup



Food Bank  
or Larder



Referral or  
Membership

## Support available

### Support For Families

Home-Start  
Office@home-startnea.org.uk  
01346 532 007

### Housing

Aberdeenshire Council Housing  
Contact Centre: 03456 08 12 03

### Affordable Fuel Costs

Home Energy Scotland  
www.homeenergyscotland.org.uk  
0800 808 2282

### Emotional Wellbeing

Shirley's Space:  
shirleysspace@hotmail.com  
07940959002

Aberdeen Foyer:  
www.aberdeenspace.com

Men United:  
hello@menunited.scot  
www.menunited.scot

Aberdeenshire Mental Health  
Improvement and Wellbeing  
Service  
www.nhsgrampian.org/  
mhiws-aberdeenshire  
01224 557400



### Home Items

Stella's Voice  
europe@stellasvoice.org  
0300 303 2520

Buchan Giving Tree  
Phone/Text/WhatsApp  
07510 647 217

### Welfare/Benefits /Claims

Welfare Rights Adviser:  
01467 538555

Citizen Advice Bureau:  
01779 471515

Department for Work  
and Pension:  
0800 328 5644

Free period products  
www.aberdeenshire.  
gov.uk/communities-  
and-events/sanitary-  
products/

### Adult Learning

Community Learning  
and Development  
Service  
01467 537577

# Just in time



# Food availability in Buchan

**Aberdeenshire North Foodbank**

21A Skelton Street, Peterhead  
 peterhead@aberdeenshirenorth.foodbank.org.uk  
 Monday, Wednesday and Thursday 11am - 1pm

**Salvation Army, Peterhead**

01779 470208  
 Tuesday to Thursday  
 Contact Direct

**Apex Church**

Chapel Street,  
 Peterhead 01779 478238  
 Wednesday 12pm - 1.30pm  
 Eat-In or Takeaway

**New Pitsligo Sharing Larder**

New Pitsligo & St. John's School  
 Out of hours contact - 01771 676610  
 Mondays 1pm - 3pm  
 Available to New Pitsligo Residents only

**Pantry at The Fruit Mart**

19 Skeleton Street, Peterhead  
 01779 477948  
 Thursday and Friday 10am - 12pm & 1pm - 2.30pm

**Catalyst**

64 Windmill Street, Peterhead  
 peterhead@catalyst.vin  
 Sunday 10.30am - 11am or 12.30pm - 1pm

**The Food Share**

Strichen Parish Church Hall  
 07508939167  
 Monday, Tuesday, Saturday 10am - 11am  
 3rd Thursday each month - Soup and Tea  
 12pm - 1.30pm

**Cruden Bay Food Larder and Warm Space**

Sports Pavilion situated in the Recreation Park  
 Friday mornings 10am - 12.30pm  
 Available to Cruden Bay, Hatton and Longhaven residents only



This leaflet was developed by the  
**Aberdeenshire North Public Health Team.**

If you found this leaflet helpful and have  
 any suggestions for future updates please  
 share using the QR code or get in touch  
 with the team on the email below:

[Gram.northpublichealth@nhs.scot](mailto:Gram.northpublichealth@nhs.scot)

