DENTAL MANAGEMENT OF PATIENTS WITH HAEMATOLOGICAL MALIGNANCY

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Dentistry



LEARNING OUTCOMES







Assess
dental
needs of
patients
with
haematolo
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malignanc

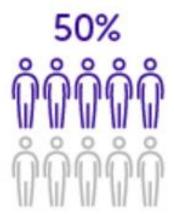
Collaborat
e
effectively
as part of
a
profession
al team

Apply principles to optimise care for these patients

WHAT IS CANCER?

Cancer, strictly speaking, is the term given to malignant tumours arising from epithelial tissues (skin & mucosa) and is essentially a genetic disease caused by mutations in DNA.

Lifetime risk



1 in 2 UK people will be diagnosed with cancer in their lifetime

HAEMATOLOGICAL MALIGNANCIES

Acute Leukaemias

- Acute Lymphoblastic Anaemia (ALL)
- Acute Myeloid Leukaemia (AML)

Chronic Leukaemias

- Chronic Myeloid Leukaemia (CML)
- Chronic Lymphocytic Leukaemia (CLL)

The Malignant Lymphomas

- Non-Hodgkin Lymphoma
- o Hodgkin Lymphoma

Multiple Myeloma

Myelodysplastic Syndromes

The Chronic Myeloproliferative Diseases (biologically malignant)

RISKS AND LOGISTICS

- Screening
- Time pressure
- Competing appointments



CHEMOTHERAPY DRUGS AND REGIMENS

Chemotherapy drugs and regimens	
Chemotherapy drugs and regimens	
Drug classification	Examples
Ankylating agents	Busulphan, Chlorambucil, Cyclophosphamide
Cytotoxic antibiotics	Bleomycin, Doxorubicin
Antimetabolites	Flurouracil, Methotrexate
Vinca alkaloids	Vinblastine, Vincristine
Platinum Compounds	Cisplatin

Deciphering novel chemotherapy and its impact on dentistry

Rebecca King, 1 Lara Zebic2 and Vinod Patel*3

Key points

In recent years, there has been a significant increase in the number and types of novel targeted chemotherapy drugs, with the trend likely to continue.

Targeted therapies can have side effects pertinent to the dental practitioner for the management of oral and dental care. A number of these novel medications have been implicated in osteonecrosis of the jaw and the risk may be compounded further if given in conjunction with bisphosphonates or denosumab.

Targeted therapy nomenclature	
Drug category	Suffix
Monoclonal antibodies	-mab
Variant fusion proteins	-cept
Tyrosine kinase inhibitors	-nib
Mammalian target of rapamycin inhibitors	-limus
Histone deacetylase inhibitors	-inostat
Phosphoinositide 3-kinase inhibitors	-sib
Proteasome inhibitors	-mib
Hedgehog pathway inhibitors	-gib

NOVEL CHEMOTHERAPY TARGETED THERAPIES (TTS)

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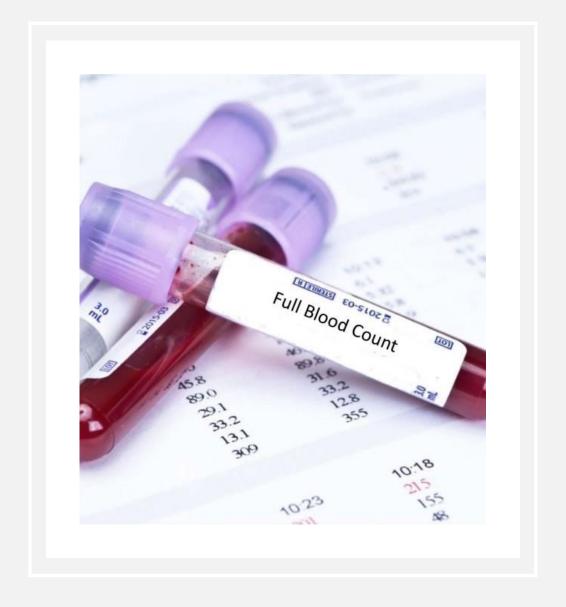
BLOOD CHANGES

Anaemia

Neutropenia

Thrombocytopenia

Present from commencement of cancer therapy until up to 4 weeks post therapy



HAEMATOLOGICA L INVESTIGATIONS

Fig. 3 Haematological investigations for patients requiring surgical procedures during active chemotherapy 85,92,93

Full Blood Count	Est. Normal Range*	Interpretation
Neutrophils	2 - 8 x 10 ⁹ /L	Infection risk with reduced neutrophil counts • Antibiotic prophylaxis recommended if <1 x 109/L
Platelets	150 - 450 x 10 ⁹ /L	Use local haemostatic measures Consider platelet transfusion if <50 x 10

_	Coagulation Screen	Est. Normal Range*	Interpretation
ı	nternational normalisation ratio INR)	0.9 - 1.1	Bleeding risk with prolonged INR and PT May suggest acute liver dysfunction Use local haemostatic measures
-	Prothrombin time PT)	10 - 13 seconds	

Liver Function	Est. Normal Range*	Interpretation
Alanine transaminase (ALT)	7 - 56 u/L	Potential bleeding risk with elevated ALT and AST • Suggests liver dysfunction and possible coagulopathy
Aspartate aminotransferase (AST)	10 - 40 u/L	

^{*}Estimates only, please refer to local lab reference ranges when interpreting test results.

BEFORE CHEMOTHERAPY/STEM CELL TRANSPLANT

- Comprehensive dental screening
- Eliminate sources of infection
- Definitive dental treatment plan
- Address urgent dental needs allowing time for healing.
- Supportive periodontal treatment
- Enhanced prevention

BASIC ORAL CARE (BOC)

Prevention of Infection

Pain control

Maintain Oral functions

Managing the complications of the cancer treatment

Improve QoL of the patient

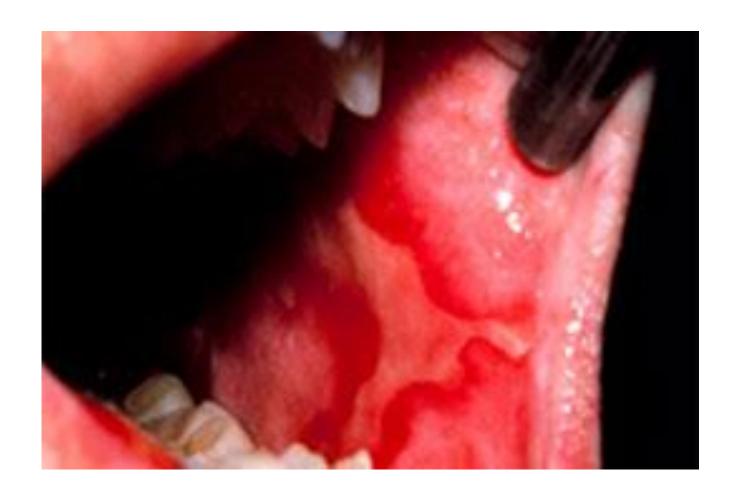
Support Care Cancer (2015) 23:223–236 DOI 10.1007/s00520-014-2378-x

REVIEW ARTICLE

Basic oral care for hematology—oncology patients and hematopoietic stem cell transplantation recipients: a position paper from the joint task force of the Multinational Association of Supportive Care in Cancer/International Society of Oral Oncology (MASCC/ISOO) and the European Society for Blood and Marrow Transplantation (EBMT)

Sharon Elad • Judith E. Raber-Durlacher • Michael T. Brennan • Deborah P. Saunders • Arno P. Mank • Yehuda Zadik • Barry Quinn • Joel B. Epstein • Nicole M. A. Biljievens • Tuomas Waltimo • Jakob R. Passweg • M. Elvira P. Correa • Göran Dahllöf • Karin U. E. Garming-Legert • Richard M. Logan • Carin M. J. Potting • Michael Y. Shapira • Yoshihiko Soga • Jacqui Stringer • Monique A. Stokman • Samuel Vokurka • Elisabeth Walthult • Noam Yarom • Siri Beir Jensen

MUCOSITIS



Fungal Infections

Due to:

Reduced salivary flow and immunosuppression

What can I do?

· Topical anti-fungals

Lichen planus & erythema multiform

Due to:

Drug reaction from TTs

What can I do?

Referral to secondary/tertiary care services

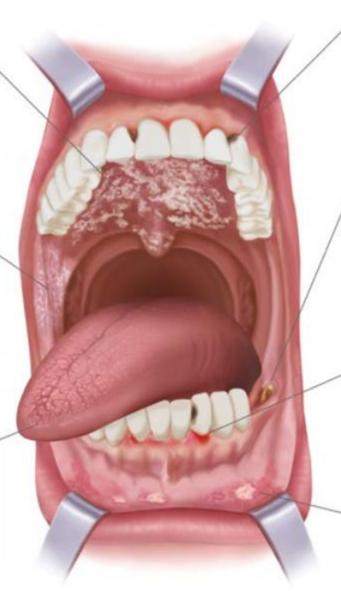
Xerostomia & altered taste

Due to:

Reduced salivary flow and diffusion of TT into oral cavity

What can I do?

- · Frequent sips of water
- Oral lubricants, sugar-free sialogogues



Caries

Due to:

Reduced salivary flow and high-calorie dietary supplements

What can I do?

- · High fluoride toothpaste/mouthrinse
- · Fluoride varnish
- · Tailored oral hygiene instruction

Osteonecrosis

Due to:

Anti-resorptives, anti-angiogenics and immunosuppressive effects

What can I do?

- · Chlorhexidine rinses
- Referral to secondary/tertiary care services

Bleeding tendencies

Due to:

Thrombocytopenia

What can I do?

 Haematological screening prior to invasive procedures

Mucositis & ulceration

Due to:

Leukopenia

What can I do?

 Analgesics: crushed ice, benzydamine rinses, Bioxtra gel

CASE BASED DISCUSSION

- 36-year-old male
- Acute Myeloid Leukaemia (AML) diagnosed Jan
 '23
- Induction chemotherapy commenced Jan '23
- Relapsed AML July '23
- Being worked up for allogenic stem cell transplant





SOFT TISSUE PRESENTATION

- Punch Biopsy
- Morphological and immunohistochemical features in keeping with
- Recurrence/relapse of previous AML / myeloid sarcoma

Currently	1 V		No	14/2					hild or since, have:	Yes		No No	//			
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MEDICAL HISTORY

EXAMPLE OF A PATIENT'S CHEMOTHERAP Y REGIME

Name Of Medicine	Dose	Unit	How to take	Frequency	What is it for?	How long to take	Hospital Pharmacy to dispense?	Pharmacy use only
Paracetamol	1 1	g	Oral	4 times daily			N	i I
Indapamide	2.5	mg	l Oral	Morning			N	I I
Felodipine MR	5	mg	l Oral	Morning			N	I I
Laxido	1 1	sachet	l Oral	Morning and Night			N	I
Omeprazole	20 1	mg	l Oral	Morning		I	N	I
Priadel	1 800 1	mg	l Oral	Night		1	N	l l
Cyclophosphamide	500	mg	l Oral	Once a week/Fri		3 weeks	N	
Aciclovir	400	mg	l Oral	Morning and Night			N	
Dexamethasone	1 20 1 1 1 1	mg	Oral	Morning		on 18/6, 20-21/6, 24-24/6 and 27- 28/6/16 only	N	as per chemo script
Domperidone	1 10 1	mg	Oral	6 hrly as required	nausea	Max 30mg in 24hrs	N	
MST SR	30 1	mg	l Oral	Morning and Night			Y	
supply 28 (twenty eight) 30	Omg tabs							
Morphine Sulphate	1 10 I	mg	Oral	one hourly as required for pain			Υ	10mg/5ml oral solution
Glimepiride	1 1	mg	Oral	Before Breakfast		on days only when Dexamet hasone is	Υ	1 box

RADIOGRAPHIC INVESTIGATION





PA RADIOGRAPHS



Test Item	Value	Units	Normal Value
HB	134	g/l	140 - 180
RBC	3.9	x10^12/l	5.0 - 6.0
HCT	0.39	1/1	0.42 - 0.54
MCV	100	fl	83 - 98
MCH	34.9	pg	27 - 32
PLT	153	x10^9/l	140 - 400
WBC	0.9	x10^9/l	4.0 - 10.0
NEUT	0.3	x10^9/I	1.5 - 7.0
EOS	0.00	x10^9/l	0.1 - 0.5
BASO	0.01	x10^9/l	0.01 - 0.10
LYMPH	0.3	x10^9/I	1.0 - 4.0
MONO	0.2	x10^9/l	0.2 - 0.8
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THREE
ONCOLOGIST
S BY KEN
CURRIE





HAEMATOLOGY ONCOLOGY TEAM ARI

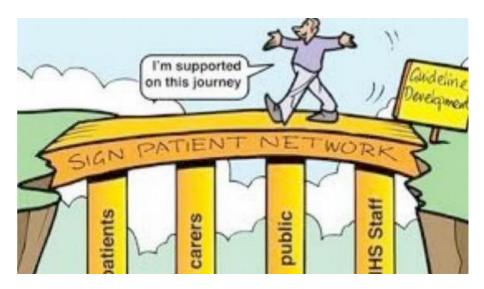
- Dr Gavin Preston , Clinical Lead
- Dr Al Lawrie
- Dr Dominic Cullighan



OTHER FRIENDLY FACES AND CONSULTANT HAEMATOLOGISTS

- Dr Charlotte Robertson
- Dr Michelle Harrison
- Dr Stephanie Stone





MULTI DISCIPLINARY TEAMS AND CLINICAL NETWORK SUPPORT

GUIDELINES



The Oral Management of Oncology Patients Requiring Radiotherapy, Chemotherapy and/or Bone Marrow Transplantation by N. Kumar, A.Brooke, M.Burke et al, created in association with the British Society for Disability and Oral Health



THANKYOU



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