



The North East Alliance

Delivering change,
improving lives...

Our **vision** is to have flourishing communities, living fulfilled lives.

We have a **joint commitment** that: together we will share collective responsibility for the durability of the North East.

Our Principles

I will... use my position

- Use my position, power and influence for North East wide objectives
- Use my networks for wider gains, constantly looking for opportunities to improve
- Proactively involve the community in finding solutions

I will... work with the North East family

- To promote a system mindset and to relentlessly focus on health inequalities at all levels
- Shift system conversations to focus on maximising wellbeing
- To better use and share data and allocate resources to support our ambitions

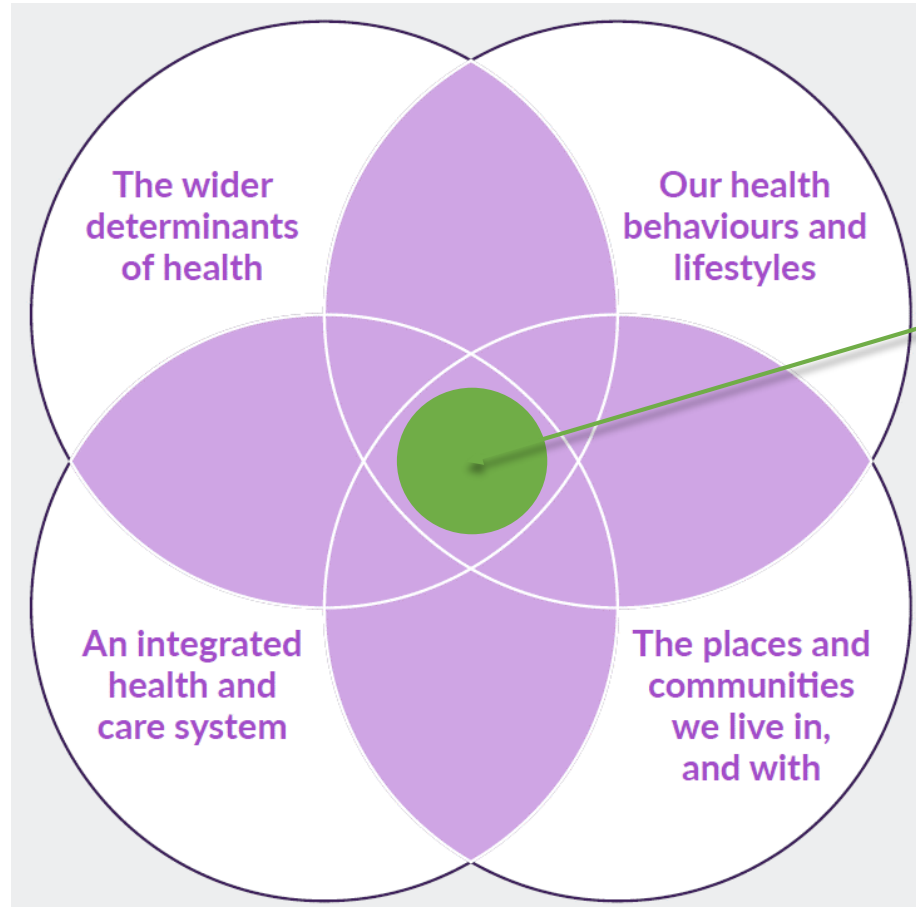
I will... help my organisation to

- Define success as outcomes for collective health goals, not solely organisational success and minimising unintended consequences
- Being clear on priorities, and using knowledge and data more consistently to support better outcomes, experience and value
- Work more with communities through equality, diversity and inclusion

I will... help sustain efforts over time

- By seeing ourselves as a family focused on being a healthier region, celebrating success and promoting local practice, support scale-up and sharing
- By helping create a collaborative system that rewards contribution to shared objectives not just organisational ones
- Helping flow to where it is most needed with communities, speaking up about equality, diversity and inclusion

What Population Health Means For Us



What's here for you?

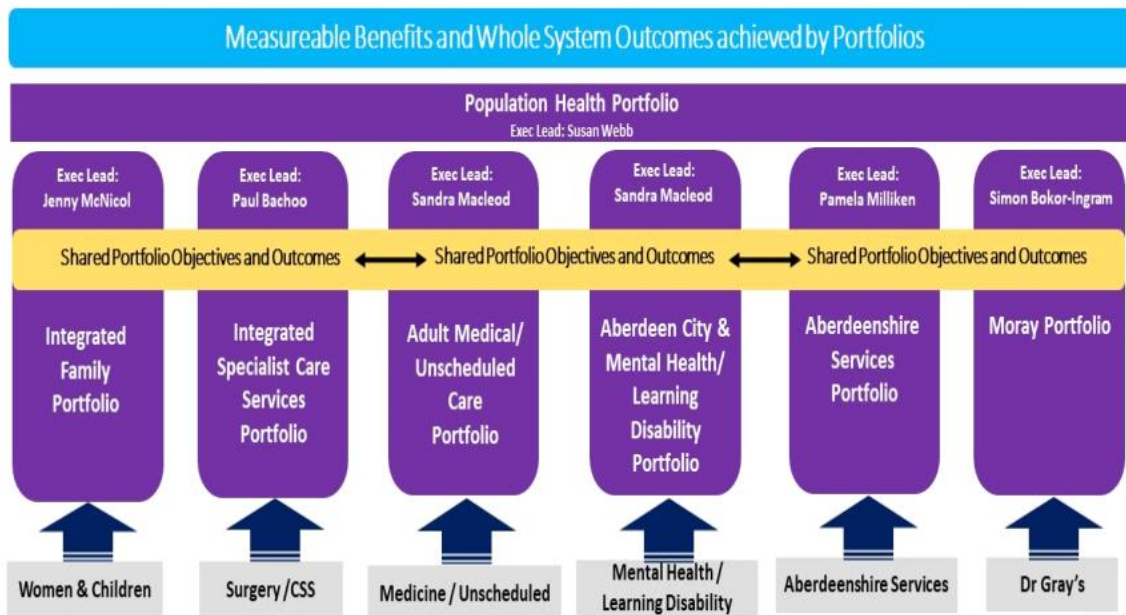
Place and Wellbeing



Integrated Health and Care

What is a Portfolio and What are they?

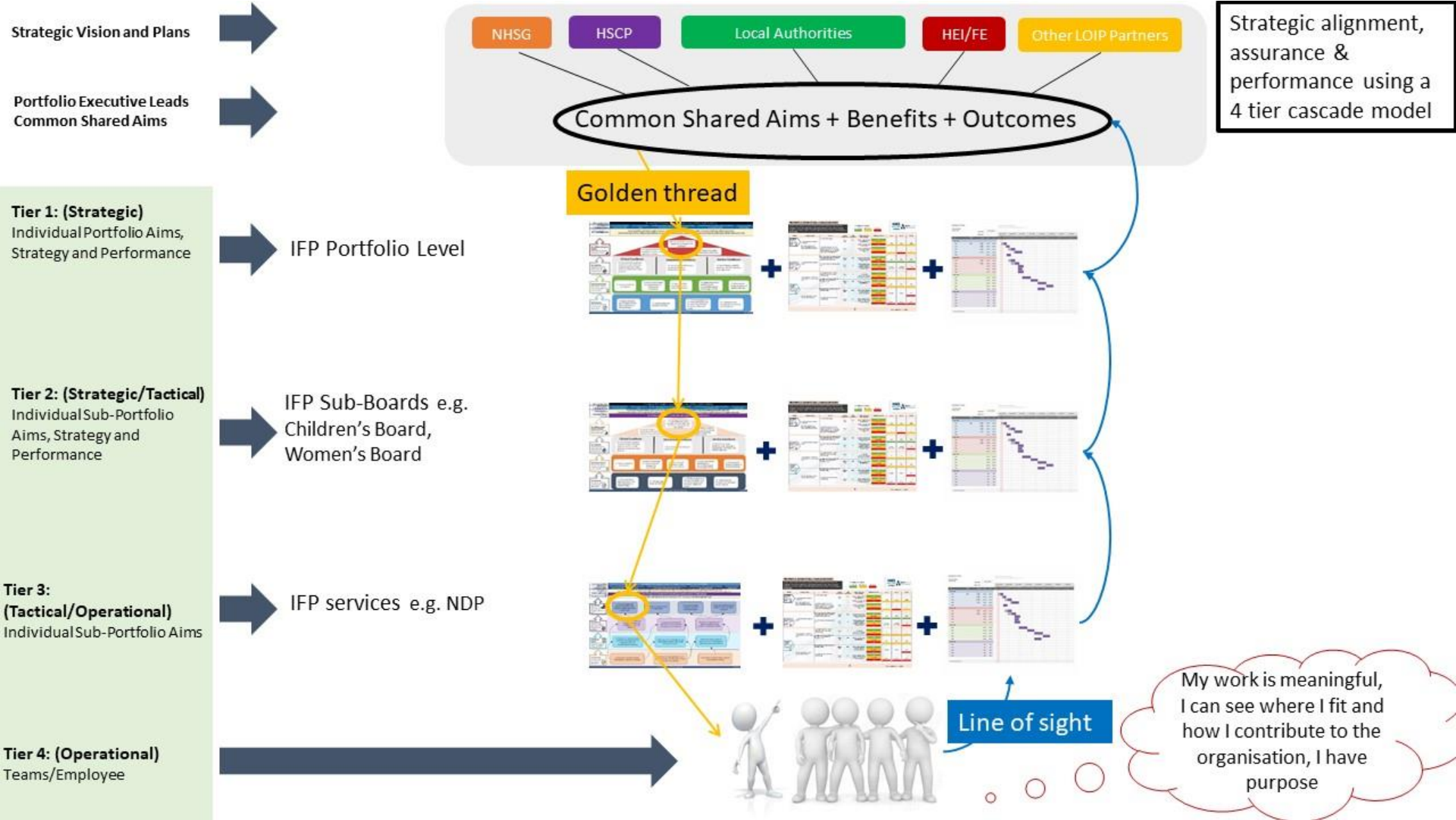
“A collection of linked services that sit naturally together. Our health and care system is made up of several Portfolios and each Portfolio works in a different way to meet the overall needs of the system we work in”



Through collective portfolios:

- Taking integration to a new level
- Working together to make decisions to ensure there is equity
- Engaging everyone in solutions that supports improvements
- Bringing people together from across health and social care

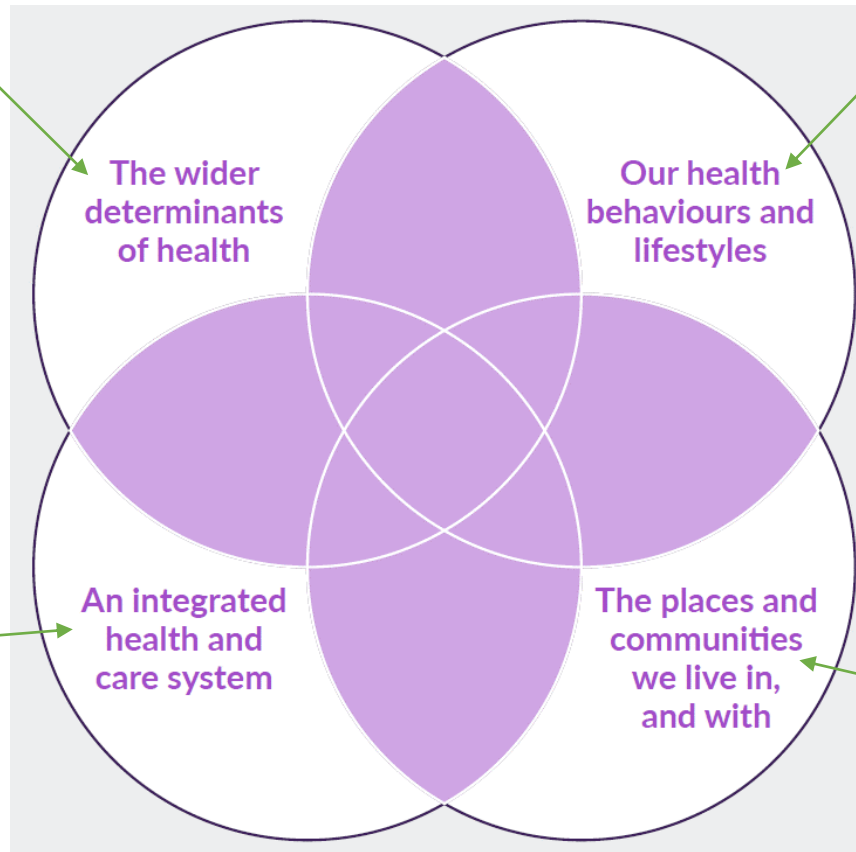
Integrated Families portfolio



Substance Use – A Worked Example

- Income maximisation
- Housing
- Crisis grants
- Getting a job
- Regain dignity
- Isolation help (Men's Shed)

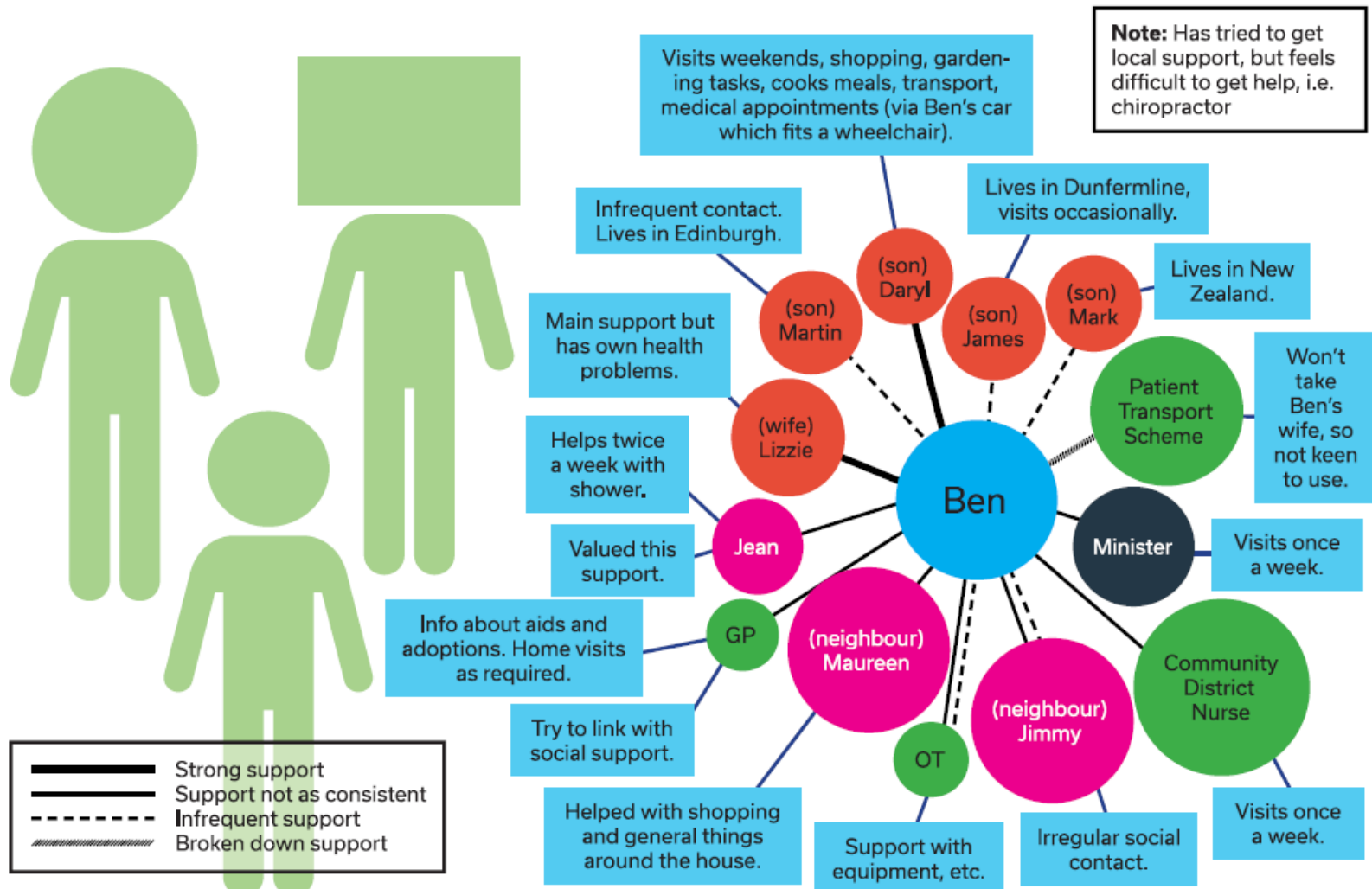
- Emergency Department navigator and drug and alcohol nurse
- Social work emergency grants
- Primary care mental health workers
- Social work
- Development of trauma-informed workforce
- Distressed brief interventions (custody)
- Alcohol brief interventions



- Fire risk assessment
- Smoking cessation support
- Diet and nutrition advice
- Support with Adverse Childhood Events (ACEs) / self esteem

- Third sector – CAB etc
- Library facilities
- Local radio
- Eco-mapping
- Neighbours
- Family

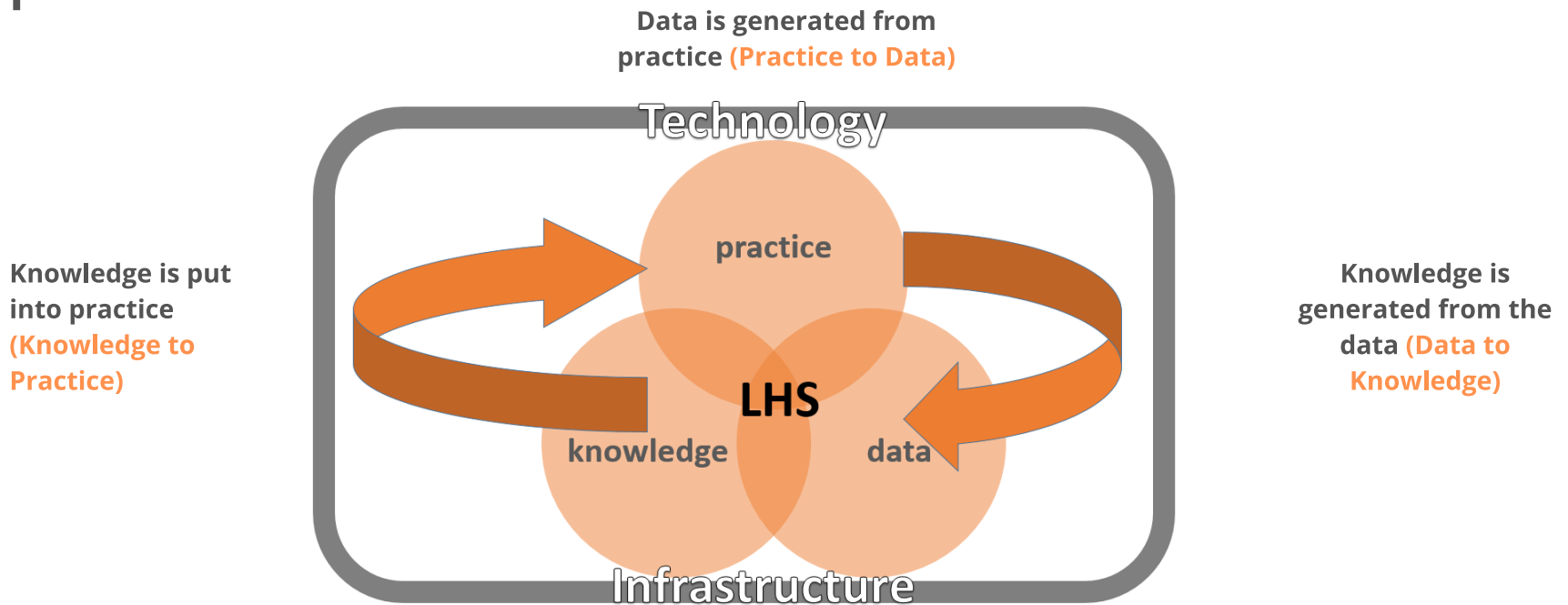
Eco-Mapping



Eco-mapping is a tool that can help practitioners plan what support patients might need by addressing the person's whole network of support and therefore enhancing the practitioner's understanding of the care-giving context.

Developing As A Learning System

At the heart of a learning health system, data is collected at the point of care to generate knowledge and apply it to improve practice



ack. The Learning Healthcare Project, Newcastle University

Making Change Happen

The North East Alliance Year 1 Action Plan includes:

- ❖ The development of the North East Alliance – engagement of individual partner organisations to agree the principles for collaboration
- ❖ Engage a wide set of partners to be part of a conversation on improving population health (using the King’s Fund four pillars as a guide) – think pieces developed on Place and Wellbeing and Better Mental Health for All.
- ❖ Learning Health System – generating data together to apply to improve our practice – child neglect, frailty.
- ❖ Four pillars approach applied to Substance Use – reducing the barriers to share data, developing wrap around care and making the connects to ensure all partnerships play their role in reducing drug related deaths
- ❖ Take the learning from the work on substance use and its wider application