

# Grampian Oral & Dental Health Managed Clinical Network (MCN) Newsletter

ISSUE 4 – February 2020

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## Meet the Team - Joanne Gallagher, Childsmile Coordinator - Aberdeenshire

After more than nine years working on Childsmile I was delighted to start my new role as Childsmile Coordinator for Aberdeenshire HSCP in October last year. I started as a trainee dental nurse within Aberdeenshire Public Dental Service nearly 10 years ago and having delivered the Childsmile School and Nursery programme for a number of years it has been fantastic to be able to develop my career within the same service.

The Childsmile programme is now well established across Scotland with the majority of Schools & Nurseries in the lower SIMD category

areas participating in the toothbrushing programme and fluoride varnish programme. I am looking forward to continuing to progress these programmes across Aberdeenshire as well as engaging further with GPs and other healthcare professionals as the Childsmile programme expands in the future.

If you would like any information about the Childsmile programme in Aberdeenshire or if I can assist you in any way, please get in touch.

[joanne.gallagher2@nhs.net](mailto:joanne.gallagher2@nhs.net)



## Calling all DCPs!

We are planning to organise a training event on looking after medically compromised patients and want to ensure workshop topics that would appeal to DCPs as well as Dentists. Please send any suggestions on what you would like to learn about to:

[nhsq.mcn-odh@nhs.net](mailto:nhsq.mcn-odh@nhs.net).

## Oral Health during a Hospital Stay

Following a recent Healthcare Improvement Scotland Care of Older People in Acute Hospitals unannounced inspection in ARI, an improvement action plan was drafted and a short life working group set up, to take forward the action required.

The inspection found that improvements should be made to the screening of patients on admission, including their oral health status, oral care needs, and that person centered oral care plans should be routinely completed, recorded and carried out.

Kerry Hobbs, Senior Dental Officer, and Karen Tosh, Public Health Practitioner – Advanced, representing the Oral Health Improvement Group, were invited to attend the working group and after lots of discussion and testing, developed guidance documents that all care staff within a hospital setting would be able to use.

### 1. Best Practice Statement (BPS) for Oral Care.

**Ctrl + Click to view:** [OH & Hosp stay items\Best Practice Statement for Oral Ca.docx](#)

The Best Practice Statement provides the standards required for the oral health care for all patients within NHSG hospitals. The BPS is a short, one page, double sided guidance endorsed by NHS Grampian for all nursing and care staff. All wards will be provided with the document and it will be supported by training for all staff on the wards and as part of other oral health training including under graduate and HCSW induction training. These standards are also in line with the National Caring for Smiles Programme which is practised in nursing and care homes across Scotland.

### 2. Plan of Oral Care – assessment and planning guide.

**Ctrl + Click to view:** [OH & Hosp stay items\Best Practice Statement for Oral Ca.docx](#)

The guide will be the daily working tool to be used by all nursing and care staff. It will be followed as part of the initial assessments done on admission to hospital. The guide will prompt and facilitate an oral health risk assessment and the development of personalised oral care plans.

### 3. Tool Kit for Oral Care during a Hospital Stay.

**Ctrl + click to view:** [OH & Hosp stay items\Tool Kit final.docx](#)

In line with other training within the hospital, a tool kit talk for oral care during a hospital stay has been developed to support staff to deliver training within the ward setting. No longer than 30 minutes long it covers all the essential information and practical skills required.

### 4. Oral Health Training within Hospitals

Training support to be provided to hospitals across Grampian including working with identified wards to promote the BPS, Plan of oral care and tool kit, and providing in-situ training, advice and support to staff to improve oral health care within hospitals. Dental Public Health are looking at a proposal to provide this next year.

Karen Tosh, Public Health Practitioner - Advanced

## Oral Cancer Campaign – Let's Talk About Mouth Cancer

### Check for Mouth Cancer – Taxi Launch

On 5<sup>th</sup> December 2019, NHS Grampian launched the next phase of its mouth cancer awareness campaign with the introduction of a taxi cab which has been specially branded with key messages to encourage everyone to 'check their mouth' for signs of mouth cancer. The taxi with its 'Check for Mouth Cancer' livery can be seen throughout the Aberdeen city area for the next 12 months.

The taxi, and its striking messages, aim to prompt conversations, and passengers will be able to ask their driver for information about the campaign and its messages.

NHS Grampian, in partnership with the national charity Let's Talk about Mouth Cancer (LTAMC), spearhead the local campaign to highlight oral cancer and the importance of checking your mouth regularly.

### Jonathan Iloya, Consultant in Dental Public Health for NHS Grampian said:

"This debilitating and highly disfiguring disease is often ignored, although the number of new cases has increased by 80% in Grampian in the decade to 2015.

Similarly, deaths due to mouth cancer are on an upward trajectory in Scotland and these trends are usually related to deprivation."

"This campaign raises public awareness about how to check your mouth for signs of cancer and to consult your dentist or doctor if you spot anything unusual such as lumps, red and white patches and ulcers which do not heal within three weeks. Early detection and treatment is vital for improving mouth cancer survival for patients affected by the disease."

"The campaign is one element of the strategy that aims to reduce incidence of the disease. We are also working on changing lifestyle behaviours associated with mouth cancer such as smoking and the use of tobacco and excessive alcohol consumption. It is also important to routinely visit your dentist as they have a key role to play in early detection of suspect lesions."



## Dental Quality Improvement (QI) Panel JAN 2020

We are already half-way through the first year of the current QI cycle (1/8/2019 – 31/7/2022).

The National Year one (2019/20) activity is a Safety Climate Survey (SCS) at the dental practice team level.

### **SAFETY CLIMATE SURVEY (SCS)**

WEBSITE:

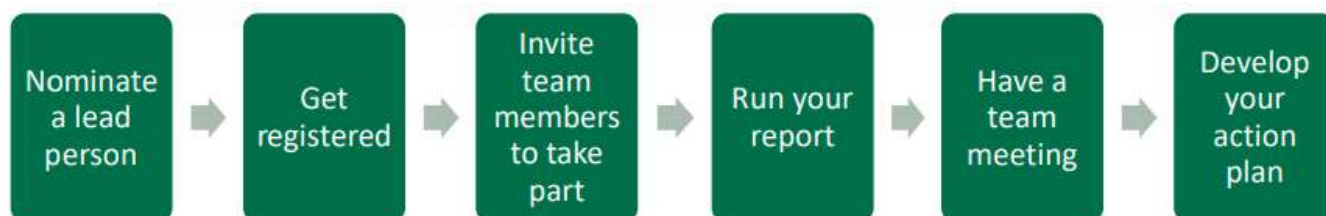
<https://ihub.scot/improvement-programmes/scottish-patient-safety-programme-spsp/spsp-primary-care/quality-improvement-in-dental-practice/>

- \* The Chief Dental Officer has highlighted the survey in the recent memorandum to his letter [PCA\(D\)\(2019\)10](#)
- \* **ALL team members** are eligible and should take part in this.
- \* Survey opened on Thursday 1 August 2019 and will close on **Tuesday 31st March 2020.**
- \* **5 hours of verified QI activity per participant.** Survey is quick and easy to do
- \* 1 lead person in a practice
- \* An improvement action plan to be uploaded no later than **30 June 2020**

A recent WebEx gives some additional information to help practices complete this project.

<https://ihub.scot/media/6900/20200115-dentistry-scs-webex-v20.pdf>

**IF YOU HAVE ANY PROBLEMS WITH FINDING A PRACTICE CODE TO ALLOW YOU TO REGISTER FOR THE PROJECT PLEASE EMAIL [hcis.pcpteam@nhs.net](mailto:hcis.pcpteam@nhs.net).**



### **NES QI METHODOLOGY LEARNING MODULES - 2 hours verifiable CPD**

The CDO memorandum also includes an expectation that all dental team members should undertake four QI eLearning modules to enable them to apply this different approach to support quality improvement in their practices. View the [guide](#) (PDF) for help in accessing the modules or for further information see the eLearning Modules [flyer](#) (PDF) from NHS Education for Scotland (NES).

## OTHER QI ACTIVITIES

Everyone is being strongly advised to complete the SCS now but please be aware that other QI activities are still available. This is link to a NES document about getting started with QI:

<https://portal.scot.nhs.uk/StaticResources/Audit/QIGettingStarted.pdf>

You can choose from the following activities to make up your 15 hours of QI activity:

**QI (Safety Climate Survey)**

**QI (Audit)**

**QI (Peer Review):**

Coming soon - **QI projects**: this is a new type of project. NES will release information in the future and the TURAS learning modules relate to this.

Please note that Claire Paton who is lead for the NHSG QI panel is available for advice on any of these topics so please email [nhsg.dentalaudit@nhs.net](mailto:nhsg.dentalaudit@nhs.net) if you would like any support or guidance at all. We can provide minor pointers or help you design your own personalised project from the start be it audit or peer review

## REMEMBER:

**All dentists are required to complete 15 hours of QI activity within a 3 year cycle. The current cycle started 1/8/19 and will finish on 31/7/22.**

## IMPORTANT DOCUMENT



**Lots of easy to read information in this. Describes clearly how varying QI methods can be applied to different situations and provides worked examples of different projects.**

Available at: <https://learn.nes.nhs.scot/11850/clinical-effectiveness/quality-improvement-in-practice-training-infection-control-and-decontamination/quality-improvement-dental>

## Let us hear from you!

We would like the newsletter to be informative and contain articles you are interested in. We would love to hear any feedback regarding this issue. Please send any comments, ideas or articles to:

[nhsg.mcn-odh@nhs.net](mailto:nhsg.mcn-odh@nhs.net).

Deadline date for submissions: **Friday 29th May 2020.**

## Dental Referral Project Update

### Dental Anxiety and Minor Oral Surgery Pathways

Grampian Primary Care Contracts have emailed out updated information to all referrers. SCI Gateway referral forms have been reviewed for both specialities and updated - we are now waiting for e-health to update the changes and go live. Work is ongoing developing pathways for other specialities.

Alana Ross, Pathway Improvement Manager

## The Ageing Dentition: Sharing & Caring

On 4th October, the Oral & Dental Health MCN held a one day event on shared care for older adults. The programme contained a variety of speakers, both from within and out with dentistry, plus a group discussion session on relevant scenarios. There were almost 100 attendees in total, from both PDS and GDS, and both dentists and DCPs. Copies of some of the presentations are available online:

- Iain Bovaird – Adults with incapacity
- Joan MacLeod – Polypharmacy
- David Carroll – Palliative & end of life care
- Therese Lebedis – How stroke affects the older person

These are the main themes from the discussion groups:



Feedback was collected via evaluation forms on the day and a [summary report](#) is also available online. Due to the success of the day, our Education, Training & Development Group, chaired by Christine Horner, will look at what further events the MCN can host/support in 2020. More details here:

[www.hi-netgrampian.org/people-networks/managed-clinical-networks/nhs-grampian-mcn-for-oral-and-dental-health/education-training-development](http://www.hi-netgrampian.org/people-networks/managed-clinical-networks/nhs-grampian-mcn-for-oral-and-dental-health/education-training-development).

Jenna Bews, MCN Manager

## Enhanced Skills in Domiciliary Care

NHS Grampian are looking for expressions of interest for listing as a dentist with Enhanced Skills in Domiciliary Care in Grampian.

You will be required to meet certain criteria as listed in Annex A of PCA(D)(2019)(9) (available at [www.sehd.scot.nhs.uk/pca/PCA2019\(D\)09.pdf](http://www.sehd.scot.nhs.uk/pca/PCA2019(D)09.pdf)) and, following an initial interview, you may be required to complete a programme of enhanced training and mentoring. Attendance at the NES course and Public Dental Service (PDS) monitoring sessions will attract an attendance fee payable at the CPD Allowance (CPDA) rate.

Following completion of training and award of a Certificate of Completion by NES, you will be invited to a final interview and, if successful, designated as a Dentist with Enhanced Skills in Domiciliary Care (domiciliary care dentist) and assigned a care home(s).

Further information about the arrangement can be found in PCA(D)(2019)(9), including a FAQ section in Annex D.

If you are interested in this programme, please send your expressions of interest and any questions to the Dental Contracts Team at [grampian.dentalcontracts@nhs.net](mailto:grampian.dentalcontracts@nhs.net) as soon as you are able to and by **Friday 28<sup>th</sup> February 2020** at the latest.

Jonathan Iloya, Consultant in Dental Public Health and Director of Dentistry (interim)