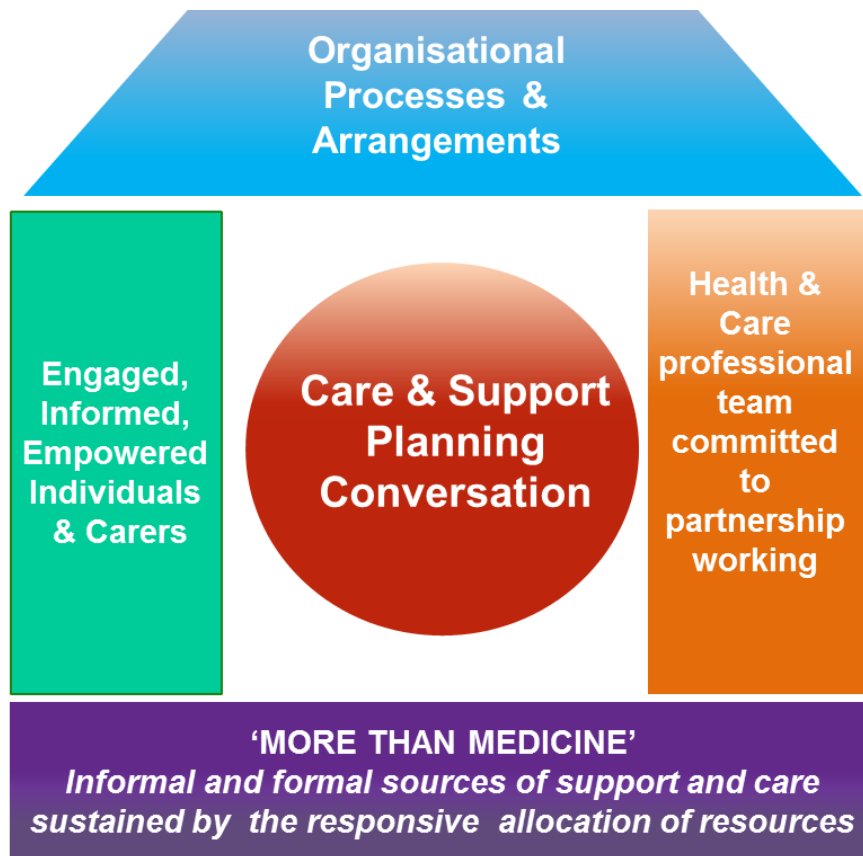# How working with your GP Practice can help you manage your long term health condition.

House of Care

Your GP Practice has adopted a new way of supporting communication between patients with a long term condition and healthcare professionals (e.g. healthcare assistant, a practice nurse, or at some stages a GP)

Based on the House of Care Model above, the approach aims to enable and support people to live well within their communities.

Patients with long term health conditions can discuss their priorities with a healthcare professional.

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Stages of Delivering House of Care

1 **Information Gathering**

During the month leading up to your birthday, you will be invited into the practice for a single appointment with a healthcare professional to gather **all** your annual checks related to your long term condition(s). At the end of the appointment, you will be asked to make a second appointment in 2-3 weeks once all your results from your annual checks have been received.

Patient Receives Test Results **2**

You will receive your test results at home to prepare you, ahead of a second appointment with the healthcare professional.

3 **Care and Support Planning Conversation**

The key element of the House of Care approach is the 'Care and Support Planning Conversation' carried out during the second appointment between yourself and the healthcare professional.

Care and Support Plan **4**

At the end of the care and support planning conversation, a care and support plan for the next 12 months is jointly agreed between you and the healthcare professional. This may include signposting to local support within the third sector to help you live well with your long term condition.

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