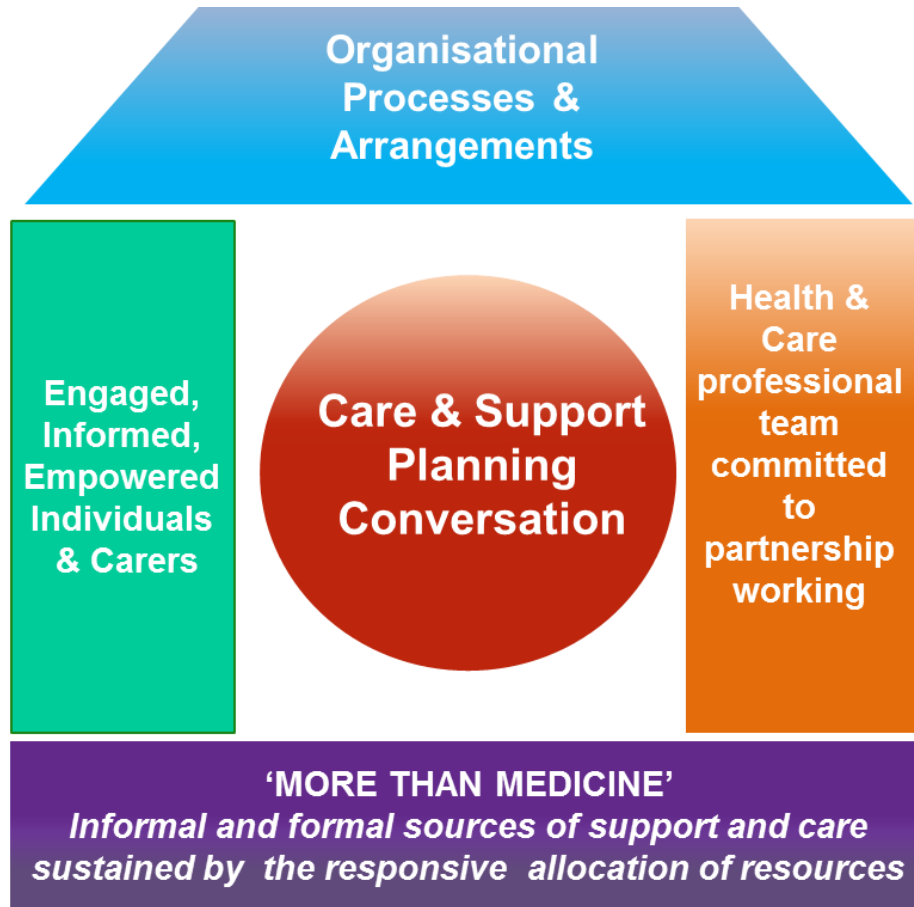


# What is House of Care?



GP Practices have adopted a new way of supporting communication between patients with a long term condition and healthcare professionals.

Based on the House of Care Model above, the approach aims to enable and support people to live well within their communities. The model will allow for a patient with long term conditions, to:

*Talk about their own priorities through a conversation involving information sharing, joint decision making, goal setting and action planning, supported by a healthcare professional.*

# Stages of Delivering House of Care

## **1** Information Gathering

Administration processes are adapted to identify patients with a long term condition(s) and invite them into the practice for a single appointment with a healthcare professional during the month leading up to their birthday for annual checks related to their long term condition(s).

## **2** Patient Receives Test Results

Patients will receive their test results at home to prepare them ahead of a second appointment with the healthcare professional.

## **3** Care and Support Planning Conversation

The key element of the House of Care approach is the 'Care and Support Planning Conversation' carried out during the second appointment between the patient and the healthcare professional.

## **4** Care and Support Plan

At the end of the care and support planning conversation, a care and support plan for the next 12 months is jointly agreed between the patient and the healthcare professional. This may include signposting to local support within the community to help the patient live well with their long term condition(s).

In partnership with



For more information:

Visit: [www.hi-netgrampian.org/house-of-care](http://www.hi-netgrampian.org/house-of-care)  
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