

Public Health Practitioner

Developing powerful sentence beginnings

Use a writing style that

Demonstrates your confidence in your own work

Ensures assessors understand your role

No doubt you will have been told to use the first person when writing evidence for your portfolio. It is vital that assessors are able to understand your role within the piece of work.

Don't be modest.



The following action verb list will help you write powerful sentence beginnings.

Start each sentence with “I”

Accelerated	Calculated	Developed*	Influenced*
Achieved	Changed	Directed	Initiated
Acknowledged*	Collaborated*	Discovered	Introduced
Administered	Commissioned	Distributed	Interpreted*
Addressed*	Communicated*	Documented	Investigated
Advised*	Compiled	Established	Issued
Allocated	Completed	Evaluated	Led
Ameliorated*	Conducted	Examined	Learnt
Analysed*	Consolidated	Expanded	Maintained
Applied*	Constructed	Facilitated	Marketed
Appraised*	Contracted	Forecast	Managed*
Approved	Contributed*	Formulated	Mapped
Arranged	Controlled	Gathered	Mentored
Assessed	Coordinated	Guided	Modified
Assisted	Created	Identified*	Monitored
Assisted	Delivered*	Implemented*	Negotiated
Attained	Demonstrated*	Improved*	Organised
Audited	Designed	Increased	Performed

Planned
Prepared
Presented
Prevented*
Promoted*
Prioritised*
Proposed
Published
Purchased
Questioned
Recognised*
Reduced*
Reflected*
Regulated
Researched
Revised
Reviewed*
Scheduled
Selected
Served
Serviced
Strengthened
Summarised
Supervised
Supported*
Taught
Trained
Tracked
Valued*
Verified*
Wrote

*** Words from the practitioner standards that you need to explicitly reflect in your writing.**

Some of the stronger impact verbs are highlighted in bold - use a highlighter to mark your favourites/ones that you would like to use. Make sure you don't over use these!