

The Bristol stool form scale

Type 1		Separate hard lumps, like nuts (hard to pass)
Type 2		Sausage-shaped but lumpy
Type 3		Like a sausage but with cracks on its surface
Type 4		Like a sausage or snake, smooth and soft
Type 5		Soft blobs with clear-cut edges (passed easily)
Type 6		Fluffy pieces with ragged edges, a mushy stool
Type 7		Watery, no solid pieces ENTIRELY LIQUID

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BOWEL CHART

Please read this leaflet carefully before completing as accurately as possible. Bring the completed chart with you to your next appointment. It will help us to discuss your symptoms and plan your treatment.

Name of patient: _____

Address: _____

Unit/CHI Number: _____

Date of birth: _____

Name of Health
Care Professional: _____

[illegible]