

URINARY CATHETER HYGIENE GUIDELINES

DEFINITION

Cleansing of catheter entry site to reduce risk of infection

INDICATIONS

To reduce risk of infection

EQUIPMENT REQUIREMENTS

- Warm water
- Disposable cloth/wipes
- Unperfumed soap
- Disposable plastic apron
- Non-sterile latex disposable gloves
- Disposable bag
- Towel

PROCEDURE	RATIONALE
Explain procedure to patient	Ensure patient understands procedure and gives consent
Provide privacy to patient	Maintain patient comfort and dignity
Patient to remove lower clothing – assist if required Place protective towel under patients buttocks Collect and prepare equipment	To allow access for washing
Wash and dry hands thoroughly	To reduce the risk of cross-infection
Apply disposable apron and gloves	To reduce the risk of cross-infection
Wash around and away from the entry site of catheter, use warm water with a disposable cloth and unperfumed soap, rinse thoroughly and dry area with disposable cloth N.B. Male – Gently retract the foreskin, wash and dry. Replace foreskin Female – Wash from front to back to ensure bacteria from the anus does not enter the urethra Supra-pubic – If dressing required please follow the dressing procedure A daily shower or bath is recommended <u>WARNING – DO NOT USE TALC OR CREAMS UNLESS PRESCRIBED</u>	To reduce the risk of cross-infection
Remove and dispose of apron and gloves in appropriate clinical waste stream	To reduce the risk of cross-infection
Wash and dry hands thoroughly	To reduce the risk of cross-infection

P.T.O.

NOTES

- Procedure can be carried out in bed/bathroom/toilet
- Drainage bag can be left on, but empty drainage bag before shower/bath
- The patient should have daily shower/bath if appropriate
- Avoid perfumed shower gel/foam bath/talc/creams. Avoid antiseptic agents unless prescribed by Practitioner
- Empty leg bag when $\frac{2}{3}$ full
- Change leg bag every 5-7 days as per manufacturers guidelines
- A new night bag should be applied every night