

CATHETER PROBLEM SOLVING SHEET

CATHETER PROBLEMS	POSSIBLE SOLUTIONS																					
	Recommend 2000mls fluid daily	Ensure legbag/catheter tubes not "kinked or pulled"	Exclude restrictive clothing	Check client not crossing legs	Exclude constipation	If able encourage gentle walk	Drain legbag before 2/3 full	Support catheter/legbag with devices e.g. leg straps, urisleeves, statlock, clinifix,, comfasure, G strap	Review hygiene/meatal cleansing or any discharge Wipe – wash front to back	Avoid perfumed products/talc Use prescribed creams only	Exclude UTI	Cranberry juice/capsules NOT if on Warfarin or MS patients	Review catheter CH/material/length Insertion i.e. urethral or suprapubic or I.S.C.	Exclude latex allergy	Trial of anticholinergic medication	health Refer to medical staff to exclude Stones, tumour, trauma, abnormalities, review general health	Monitor urinary pH ≥ 6.8 → action	Advise trial of lemonade, citrus fluids	Trial catheter maintenance solutions	Review medication side-effects Including over the counter medicines e.g. antacids	Exclude epithelium blocking catheter eyelets - raise legbag above bladder level for 10-15 seconds ONLY	Know catheter history/life Re-catheterise before blocking
No urine drained	✓	✓	✓	✓	✓	✓					✓		✓			✓				✓	✓	
Catheter by-passing	✓	✓	✓	✓	✓	✓	✓	✓			✓		✓	✓	✓	✓	✓			✓	✓	
Catheter expelled	✓	✓	✓	✓	✓	✓		✓			✓		✓	✓	✓	✓	✓	✓		✓		
Pain	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓		✓	✓	
Bladder spasm	✓	✓	✓	✓	✓	✓	✓	✓			✓		✓	✓	✓	✓	✓	✓		✓		
UTI	✓						✓		✓	✓	✓	✓	✓			✓	✓	✓		✓		
Blocking/Encrustation	✓	✓	✓	✓	✓	✓	✓	✓			✓	✓	✓			✓	✓	✓	✓	✓		✓
Haematuria	✓	✓	✓					✓			✓	✓	✓			✓				✓		

PLEASE NOTE THIS LIST MIGHT NOT BE FULLY INCLUSIVE TO ALL INDIVIDUAL CLIENTS

For further advice contact:- Continence Advisory Service – 01467 672748

5. Catheter Problems & Solutions – February 2013