

## **CATHETER PROBLEMS – ADVICE SHEET**

*All staff who are in contact with patients who have an indwelling catheter should have had training on the care of a catheter and be aware of the following documentation:-*

- *NHS Grampian Urinary Catheterisation and Catheter Care Guidelines*
- *QIS Urinary Catheterisation and Catheter Care*
- *RCN Catheter Care*
- *Catheter Insertion Record Sheet*
- *Daily Catheter Checklist*
- *Urinary Catheter Hygiene Guidelines*

### **Patient Leaflets**

- *Your Catheter*
- *Supra-pubic Catheter*
- *Intermittent Self Catheterisation*

### **REGISTER TO USE THE SYSTEM**

These leaflets can now all be ordered online using this e-mail address [www.nhsghpcat.org](mailto:www.nhsghpcat.org) → go to login box a top left hand side of page and select register. Complete the registration and they will come back to you with your user name to access this system.

### **TO ORDER USING SYSTEM**

Go to the above address and then login → click for secure login → select OK → enter login user name and password then select login at bottom of box

Enter the name of the leaflet you require in the Keywords Section then select GO Enter amount into item options then click ADD

Go back to your account at top of left of page and view basket, once you have selected all the items you require

Then CHECKOUT YOUR BASKET

Check the delivery address is correct and select CONTINUE

### **General Catheter Care Advice/Notes**

- *Is the catheter necessary?*
- *Would ISC be appropriate?*
- *Can a catheter valve be used?*
- *Reminder about the importance of hand hygiene before and after care – wear gloves/apron when dealing with any aspect of catheter care (Health Protection Scotland – Hand Hygiene)*
- *Reminder about the closed drainage bag system, legbag in situ for 5-7days, using a single use night bag, is it correctly attached with no kinks in tubing*
- *Reminder about importance of inserting catheter using an aseptic technique and following NHS Grampian Catheter Care Guidelines*
- *Has a lubricant been used when inserting a catheter – has there been any allergies*
- *Urine should be collected in a disposable receptacle or separate jug for individual patient – wash and dry between use*
- *Continence products should not be worn unless there is faecal soiling and then a bowel assessment should be undertaken, may interfere with drainage of leg drainage system*