




# Texture classification of LIQUIDS

# LIQUIDS

Stage	Name	Picture of texture	Consistency to aim for
1	Thickened Fluids • <b>Single Cream Consistency</b>		<ul style="list-style-type: none"> <li>Fluid runs freely from the spoon but leaves a thin coating on the spoon.</li> <li>Can be drunk through a straw or from a cup.</li> </ul>
2	Thickened Fluids • <b>Syrup Consistency</b>		<ul style="list-style-type: none"> <li>Fluid slowly drips in dollops from the spoon and leaves a thick coating on the spoon.</li> <li>Cannot be drunk through a straw.</li> <li>Can be drunk from a cup.</li> </ul>
3	Thickened Fluids • <b>Yoghurt Consistency</b>		<ul style="list-style-type: none"> <li>Fluid sits on the spoon and does not flow from it.</li> <li>Cannot be drunk from a cup or through a straw.</li> <li>Should be taken using a spoon.</li> </ul>

Note: Numbered stages 1 - 3 correspond with the "National Descriptors for Texture Modification in Adults" produced by the BDA & RCSLT May 2002. Please refer to additional recommendations for swallowing for individual clients made by the Speech and Language Therapist (SLT). Medication should be discussed with a Pharmacist.